

Travel Assistance Contact Information

Travel Assistance is also referred to as Global Medical Assistance.

For help locating assistance during a medical emergency while travelling, call the number of the location closest to you. Service is available 24 hours a day.

Canada or U.S.A.: 1-855-222-4051

Cuba: 1-204-946-2946*

All other countries: 1-204-946-2577*

*Submit long distance charges to Canada Life for reimbursement.

Tips before travelling

Telecommunications systems and standards differ throughout the world. We recommend that before travelling, you become familiar with the service and technology available in your destination location.

Some telecommunications systems don't recognize the tonality of mobile devices so they can't be used. In this case, you may have to use a public phone.

Some hotels and resorts offer payphones on location with outside line accessible by using the resort calling card. Ask the hotel's reception about long distance call access.